

## 1. Be Humble

“You younger men, likewise, be subject to your elders; and all of you, clothe yourselves with humility toward one another . . .” 1 Peter 5:5a

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Humility relieves you of the awful stress of trying to be superior all the time.

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“God is opposed to the proud but gives grace to the humble,” 1 Peter 5:5b

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“Humble yourselves, therefore, under the mighty hand of God, that He may exalt you at the proper time,” 1 Peter 5:6

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If we do not humble ourselves, God will humiliate us.

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“Casting all your anxiety on Him, because He cares for you,” 1 Peter 5:7

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A humble person is able to relax.

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## 2. Be Alert

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“Be of sober spirit, be on the alert. Your adversary, the devil, prowls about like a roaring lion, seeking someone to devour,” 1 Peter 5:8

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He hates you.

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“But resist him . . .” 1 Peter 5:9a

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“But resist him, firm in your faith . . .” 1 Peter 5:9

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“Knowing that the same experiences of suffering are being accomplished by your brethren who are in the world,” 1 Peter 5:9

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“And after you have suffered for a little, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen and establish you,” 1 Peter 5:10

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“To Him be dominion forever and ever. Amen,” 1 Peter 5:11