



Patience

But the fruit of the  
Spirit is love, joy, peace,  
patience, kindness,  
goodness, faithfulness,

gentleness, self-control;  
against such things  
there is no law. Gal.  
5:22-23

On a scale of 0-6 (Jesus)  
How patient are you?  
Where would others rank  
you?

God is patient  
with us

2 Peter 3:9 The Lord is not slow in keeping his promise, as some understand slowness.

Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

Patient with  
others



Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 1 Cor. 13:4

Patient with  
adversity

Be joyful in hope,  
patient in affliction,  
faithful in prayer.

Romans 12:12

Patient with  
God

Wait for the LORD; be  
strong and take heart  
and wait for the LORD.  
Psalm 27:14

How you wait  
matters

Your personality  
changes when  
you are in a hurry.

How do we  
become more  
patient?



Remember we  
win

Fix our eyes on  
Jesus

2 Cor. 4:16-18 Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all.

So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

1. I do not get angry  
with God when I have  
to endure suffering.

2. I am known to maintain honesty and integrity when under pressure.

3. I always put matters into God's hands when I am under pressure.



4. I keep my composure  
even when people or  
circumstances irritate  
me.